Breakfast and Snacks

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Allergen Dish | Eggs | Celery | Cereals containing gluten | Fish | Lupin | Milk | Nuts | Peanuts | Mustard | Sesame  Seeds | Soya | Sulphur  Dioxide | Molluscs | Crustaceans |
| Breakfast |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Rice Krispies |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Malted Wheats |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Cornflakes |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Weetabix |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Wholemeal Toast |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Butter |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Marmite |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Snacks |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Breadsticks |  |  | \* |  |  |  |  |  |  | \* |  |  |  |  |
| Rice Cakes |  |  |  |  |  | \* |  |  |  | \* | \* |  |  |  |
| Pitta Bread |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Crumpets |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Naan Bread |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Croissants | \* |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Toasted Muffins |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Houmous |  |  |  |  |  |  |  |  |  | \* |  |  |  |  |
| Red Pepper Houmous |  |  | \* |  |  |  |  |  |  | \* |  |  |  |  |
| Homemade mint sauce |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Cream Cheese |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Tzatziki |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Mixed Fruit Platter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed Vegetable Platter |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Week 1 Summer Menu

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Allergen Dish | Eggs | Celery | Cereals contain gluten | Fish | Lupin | Milk | Nuts | Peanuts | Mustard | Sesame  Seeds | Soya | Sulphur  Dioxide | Molluscs | Crustaceans |
| Monday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese Broccoli pasta bake |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Watermelon Pizza |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Tuna and Mayonnaise brioche rolls | \* |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Cheese brioche rolls |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork sausage |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Meat free Sausage |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Yorkshire pudding | \* |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Mash Potato |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Peas |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Instant vegetable Gravy |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Ice cream |  |  | \* |  |  | \* |  |  |  |  | \* |  |  |  |
| BBQ Chicken pieces |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| BBQ Quorn fillets | \* |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| BBQ Soya pieces |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Tortilla Wraps |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| BBQ rice |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Wednesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lamb mince Bolognaise |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya Mince Bolognaise |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Spaghetti |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Garlic Bread |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Fruit cones |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans on toast |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Thursday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast Chicken |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Roast Quorn | \* |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya pieces |  |  |  |  |  |  |  |  |  |  | \* |  |  |  |
| Roast potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Boiled vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Instant vegetable gravy |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Vegan Jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade Tomato mini Pizza |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Friday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish cakes |  |  | \* | \* |  |  |  |  |  |  |  |  |  |  |
| Cauliflower cheese grills |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Mashed potato |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Baked beans |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Homemade ice Lollies |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Puff pastry hotdog rolls |  | \* |  |  |  | \* |  |  |  |  |  |  |  |  |
| Vegetarian puff hotdog rolls |  | \* |  |  |  |  |  |  |  |  | \* |  |  |  |

Week 2 Summer Menu

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Allergen Dish | Eggs | Celery | Cereals containing gluten | Fish | Lupin | Milk | Nuts | Peanuts | Mustard | Sesame  Seeds | Soya | Sulphur  Dioxide | Molluscs | Crustaceans |
| Monday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetable Fajita pasta bake |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mini sausage rolls |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Vegetarian sausage rolls |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Cheese and onion rolls |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Tuesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish pie |  |  |  | \* |  | \* |  |  |  |  |  |  |  |  |
| Vegetable pie |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Fromage frais |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Cheese on toast |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Wednesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lamb lasagne |  | \* | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Soya lasagne |  | \* | \* |  |  | \* |  |  |  |  | \* |  |  |  |
| Garlic bread |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Ice cream |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Cheese bagels |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Chicken bagels |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Thursday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken casserole |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Quorn Casserole | \* | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya casserole |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Vegetable suet dumplings |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit Cones |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Vegetarian burger |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Burger rolls |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Friday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Sausage Plait |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Vegetarian sausage plait |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato shapes |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Vegan jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cold Mediterranean Pasta |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |

Week 3 Summer Menu

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Allergen Dish | Eggs | Celery | Cereals containing gluten | Fish | Lupin | Milk | Nuts | Peanuts | Mustard | Sesame  Seeds | Soya | Sulphur  Dioxide | Molluscs | Crustaceans |
| Monday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tomato and mixed vegetable pasta bake |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Watermelon |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jacket potato with cheese |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Tuna mayo | \* |  |  | \* |  | \* |  |  |  |  |  |  |  |  |
| Tuesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Roast chicken |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Roast Quorn | \* |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya pieces |  |  |  |  |  |  |  |  |  |  | \* |  |  |  |
| Roast potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetarian instant Gravy |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Ice cream |  |  |  |  |  | \* | \* | \* |  |  |  |  |  |  |
| Puff pastry Cheese straws |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Tomatoes and cucumber |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wednesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lamb chilli con carne |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya chilli con carne |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fromage frais |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Chicken hot dogs |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Vegetarian hot dogs |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Hotdog rolls |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Thursday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork sausage casserole |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Vegetarian sausage casserole |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Mash potato |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Vegan jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Egg mayonnaise sandwiches | \* |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Cheese sandwiches |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Salad |  | \* |  |  |  |  |  |  |  |  |  |  |  |  |
| Friday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken pie |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Linda McCartney vegetarian pie |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Baby potatoes |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mixed vegetables |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fruit salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Fish fingers |  |  | \* | \* |  |  |  |  |  |  |  |  |  |  |
| Vegetable fingers |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Buttered bread |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |

Week 4 Summer Menu

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Allergen Dish | Eggs | Celery | Cereals containing gluten | Fish | Lupin | Milk | Nuts | Peanuts | Mustard | Sesame  Seeds | Soya | Sulphur  Dioxide | Molluscs | Crustaceans |
| Monday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mushroom pasta bake |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Watermelon pizza |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Chicken goujons |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Quorn goujons | \* |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya goujons |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Tuesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Pork sausages |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegetarian sausages |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Vegan sausages |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Mash potato |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Instant vegetable gravy |  | \* |  |  |  |  |  |  |  |  |  |  |  |  |
| Homemade ice lollies |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Ham croissants |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese croissants |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Wednesday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chicken curry |  |  |  |  |  |  |  |  | \* |  |  |  |  |  |
| Quorn curry | \* |  |  |  |  |  |  |  | \* |  |  |  |  |  |
| Soya curry |  |  |  |  |  |  |  |  | \* |  | \* |  |  |  |
| Rice |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Poppadums |  |  | \* |  |  |  | \* | \* |  |  |  |  |  |  |
| Watermelon slices |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheese pizza |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Dough balls |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Garlic butter dip |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Thursday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lamb Shepherd’s pie |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Soya Shepherd’s pie |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Instant vegetable gravy |  | \* | \* |  |  |  |  |  |  |  |  |  |  |  |
| Ice cream cornets |  |  | \* |  |  | \* |  |  |  |  |  |  |  |  |
| Chicken fajita wraps |  |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Quorn fajita wraps | \* |  | \* |  |  |  |  |  |  |  |  |  |  |  |
| Soya fajita wraps |  |  | \* |  |  |  |  |  |  |  | \* |  |  |  |
| Friday |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Tuna pasta bake |  |  |  | \* |  | \* |  |  |  |  |  |  |  |  |
| Vegetable pasta bake |  |  |  |  |  | \* |  |  |  |  |  |  |  |  |
| Vegan jelly |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Potato waffles |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Baked beans |  |  |  |  |  |  |  |  |  |  |  |  |  |  |