# Breakfast and Snacks

Allergen Dish	Eggs	Celery	Cereals containing gluten	Fish	Lupin	Milk	Nuts	Peanuts	Mustard	Sesame Seeds	Soya	Sulphur Dioxide	Molluscs	Crustaceans
Breakfast														
Rice Krispies			*											
Malted Wheats			*											
Cornflakes			*											
Weetabix			*											
Wholemeal Toast			*											
Butter						*								
Marmite		*	*											
Snacks														
Breadsticks			*							*				
Rice Cakes						*				*	*			
Pitta Bread			*											
Crumpets			*											
Naan Bread			*			*								
Croissants	*		*			*								
Toasted Muffins			*								*			
Houmous										*				
Red Pepper Houmous			*							*				
Homemade mint sauce						*								
Cream Cheese						*								
Tzatziki						*								
Mixed Fruit Platter														
Mixed Vegetable Platter														

### Week 1 Winter Menu

Allergen Dish	Eggs	Celery	Cereals contain gluten	Fish	Lupin	Milk	Nuts	Peanuts	Mustard	Sesame Seeds	Soya	Sulphur Dioxide	Molluscs	Crustaceans
Monday														
Broccoli pasta bake			*			*								
Fruit Yoghurt						*								
Cheese bagel			*			*								
Chicken Bagel			*			*								
Tuesday														
Pork sausage			*											
Vegetarian sausages	*		*								*			
Linda McCarthy sausage (vegan)			*											
Mash potato						*								
Vegetable gravy		*	*											
Ice cream						*		*						
BBQ chicken wrap			*											
BBQ Quorn wrap	*		*											
BBQ Soya			*								*			
Wraps			*											
Wednesday			*											
Lamb spaghetti bolognaise			*								*			
Soya spaghetti bolognaise			*											
Garlic bread			*											
Fruit cones			*											
Cheese, baked beans and potato bake			*			*								
Thursday														
Roast chicken						*								
Roast Quorn	*													
soya											*			
Roast potatoes														
Yorkshire puddings	*					*								
Vegetable gravy		*	*											
Vegan jelly														
Cheese pizza fingers			*			*								
Tomato dip														
Friday														
Fish cakes			*	*										
Cauliflower cheese grills			*			*								
Baked beans														
Mashed potato						*								
Watermelon														

### Week 2 Winter Menu

Allergen Dish	Eggs	Celery	Cereals containing gluten	Fish	Lupin	Milk	Nuts	Peanuts	Mustard	Sesame	Soya	Sulphur	Molluscs	Crustaceans
										Seeds		Dioxide		
Monday						*								
Tomato vegetable fajita pasta bake						_ ^								
Fruit salad			*			*								
Cheese on toast			*			~								
Tuesday			*	*										
Fish pie				*		*								
Parsley vegetable pie			*											
Fruit yoghurt with berries						*								
Chicken hot dogs						*								
Vegan hotdogs											*			
Hotdog roll			*											
Wednesday														
Lamb lasagne			*			*								
Soya lasagne			*			*								
Garlic bread			*											
Ice cream cornet			*			*		*						
Chicken nuggets			*											
Quorn nuggets	*		*											
Vegan nuggets			*								*			
Tomato dip														
BBQ dip														
Thursday														
Chicken casserole			*											
Quorn casserole	*		*											
Soya casserole			*								*			
Vegetable suet dumplings			*											
Watermelon pizza						*								
Vegetarian burgers			*								*			
Burger buns			*											
Tomato dip														
BBQ dip														
Friday														
Chicken pie			*			*								
Linder McCarthy vegan pies (vegan)			*											
Vegetable gravy		*												
Fruit salad														
Jacket potato														
Tuna mayo	*			*		*					<u> </u>			
Sweetcorn						<del>                                     </del>								
Sweetenti	1	l	l	İ	l		i	l	1					

## Week 3 Winter Menu

Allergen Dish	Eggs	Celery	Cereals containing gluten	Fish	Lupin	Milk	Nuts	Peanuts	Mustard	Sesame	Soya	Sulphur	Molluscs	Crustaceans
										Seeds		Dioxide		
Monday														
Creamy mushroom pasta bake			*			*								
Fruit salad														
Sausage rolls			*											
Vegetarian sausage rolls			*								*			
Cheese and onion rolls			*			*								
Tomato dip														
Tuesday														
Roast chicken			*			*								
Roast Quorn	*		*											
Soya			*								*			
Roast potatoes														
Yorkshire puddings	*		*			*								
Vegetable gravy		*												
Ice cream						*		*						
Cheese straws			*			*								
Wednesday														
Lamb chili con carne			*											
Soya chili con carne			*								*			
Rice														
Cheese						*								
Fruit yoghurt and berries						*								
Potato waffles														
Baked beans														
Thursday														
Sausage casserole			*											
Vegetarian sausage casserole			*											
Linda McCarthy sausage casserole (vegan)			*								*			
Mash potato						*								
Vegan jelly														
Chicken nuggets			*											
Quorn nuggets	*		*											
Soya nuggets			*											
Tomato dip														
BBQ dip														
Friday														
Chicken pie			*			*		*						
Linda McCarthy vegetarian pie (vegan)			*											
Vegetable gravy		*												
Fruit salad	<del>                                     </del>													
Jacket potato	1													
Tuna mayonnaise	*					*								
Cheese	1					*								
Butter	<del> </del>					*								

### Week 4 Winter Menu

Allergen Dish	Eggs	Celery	Cereals containing gluten	Fish	Lupin	Milk	Nuts	Peanuts	Mustard	Sesame Seeds	Soya	Sulphur Dioxide	Molluscs	Crustaceans
Monday														
Tomato vegetable bake			*			*								
Watermelon														
Jacket potato														
Baked beans														
Tuesday														
Sheppard's pie		*	*			*								
Soya Sheppard's pie		*	*			*					*			
Vegetable Gravy		*												
Mash potato						*								
Fruit yoghurt						*								
Chicken Fajita wrap			*											
Quorn Fajita wrap	*		*											
Soya Fajita wrap			*								*			
Wednesday														
Fish cakes			*	*										
Cauliflower cheese grills			*			*								
Potato balls			*											
Baked beans			*											
Fruit cones			*											
Puff hotdog rolls			*			*								
Vegan puff hotdog rolls			*											
Thursday														
Pork sausage														
Vegetarian sausage	*		*											
Linda McCarthy sausage (vegan)			*											
Mash potato						*								
Yorkshire pudding	*		*			*								
Vegetable gravy		*												
Vegan jelly and fruit														
Chicken bagels			*			*								
Cheese bagels			*			*								
Friday	1								1				1	
Chicken butter curry			*			*								
Quorn butter curry	*		*			*								
Soya butter curry	1		*			*					*			
Rice	1								1				1	
Poppadums'	1		*				*	*	1				1	
Ice cream	1					*	*	*	1				1	
Fish fingers			*	*										
Fishless fingers	+		*									-		
Vegetable fingers	+		*											
Buttered bread	+		*			*								
Buttered bread	1			I			l		1			1	1	